

## EAT WHAT YOU LOVE

Old-Fashioned Lemonade	Beverages	33
Strawberry Lemonade	Beverages	34
Key Lime Limeade with Fresh Mint	Beverages	35
Easy Sonic-Style Cherry Limeade	Beverages	36
Festive Fruit Punch	Beverages	37
Fruit Juice Spritzer	Beverages	38
Gingered Carrot Spritzer	Beverages	39
Southern Sweet Tea	Beverages	41
Agave Green Tea	Beverages	42
Marlene's Mocha Freeze	Beverages	43
Marlene's Frosty Chai Freeze	Beverages	44
Instant Coffeehouse Café Mocha	Beverages	45
Coffeehouse Chai Latte	Beverages	46
Rich and Creamy Hot Chocolate	Beverages	47
Cinnamon "Sugar" Steamer	Beverages	48
Steaming Cranberry-Orange Sipper	Beverages	49
Hot Caramel Apple Cider	Beverages	50
Mulled Teatime Cider	Beverages	52
Holiday Eggnog	Beverages	53
Breakfast in a Glass Smoothie	Smoothies	57
Supreme Light Strawberry Banana Smoothie	Smoothies	58
Blue Wave Smoothie	Smoothies	59
Berry Berry Lime Smoothie	Smoothies	61
Blushing Peach Smoothie	Smoothies	62
Banana Breeze Smoothie	Smoothies	63
Pina Colada Smoothie	Smoothies	64
Soy Good for You Banana Smoothie	Smoothies	65
Pumped Up Peanut Butter Smoothie	Smoothies	66
Easy Frosty Strawberry Fruit Shake	Smoothies	67
Frozen Hot Chocolate Frosty	Smoothies	68
Vanilla Cake Batter Milkshake	Smoothies	69
Double Chocolate Pudding Milkshake	Smoothies	71
Sensational Pudding Milkshakes	Smoothies	72
Pumpkin Pie Milkshake	Smoothies	73
Quick Bran Muffins	Muffins/Breads/Cakes	77
Everyday Blueberry Muffins	Muffins/Breads/Cakes	78
Cinnamon Applesauce Muffins	Muffins/Breads/Cakes	79
Fresh Zucchini Muffins	Muffins/Breads/Cakes	80
Banana Chocolate Chip Muffins	Muffins/Breads/Cakes	81
Two-Bite Double Chocolate Muffins	Muffins/Breads/Cakes	83
Breakfast Oatmeal Squares	Muffins/Breads/Cakes	84
Old-Fashioned Pumpkin Bread	Muffins/Breads/Cakes	85
Wholesome Banana Bread	Muffins/Breads/Cakes	86

Luscious Lemon Loaf	Muffins/Breads/Cakes	88
Quick Sour Cream Coffee Cake	Muffins/Breads/Cakes	89
Blue Ribbon Sour Cream Coffee Cake	Muffins/Breads/Cakes	91
Cherry Almond Coffee Cake	Muffins/Breads/Cakes	92
Amazing Apple Coffee Cake	Muffins/Breads/Cakes	93
Quick Raspberry Cream Cheese Twist	Muffins/Breads/Cakes	94
Wholesome Buttermilk Biscuits	Muffins/Breads/Cakes	95
Cinnamon Roll Oatmeal	Breakfast	99
Quick Overnight Oatmeal	Breakfast	100
South of the Border Wrap	Breakfast	101
Breakfast BLT Sandwich	Breakfast	103
Scrambled Egg and Ham Panini	Breakfast	104
Breakfast Pizza	Breakfast	105
Omelet in a Baggie	Breakfast	106
Turkey Breakfast Sausage	Breakfast	107
Classic Italian Frittata	Breakfast	108
Greek Frittata	Breakfast	109
Fajita Frittata	Breakfast	110
Ham and Cheese Biscuits	Breakfast	111
Everyday Cinnamon French Toast	Breakfast	112
Brown Sugar Cinnamon French Toast	Breakfast	113
Easy Oven-Baked French Toast	Breakfast	114
Better-For-You Buttermilk Pancakes	Breakfast	115
Pumpkin Pancakes	Breakfast	116
Wholesome Blueberry Pancakes	Breakfast	117
Fruit and Yogurt Breakfast Sundaes	Breakfast	118
Skinny Dip and Chips	Appetizers	123
Tomato Basil Bruschetta	Appetizers	124
Healthy Hummus	Appetizers	125
"Homemade" Salsa in a Flash	Appetizers	126
Spicy Jalapeno Carrots	Appetizers	127
Creamy Guacamole	Appetizers	128
Creamy Tuscan White Bean Dip	Appetizers	129
Smoky Blue Cheese Bacon Dip	Appetizers	130
Sensational Spinach Dip	Appetizers	131
Classic Hot Artichoke Dip	Appetizers	132
Salmon Mousse Spread	Appetizers	133
Homemade Pita Chips	Appetizers	134
Oven Fried Zucchini Rounds	Appetizers	137
Steamed Artichokes with Creamy Mustard Dip	Appetizers	138
Easy Sweet-and-Sour Meatballs	Appetizers	139
BBQ Chicken Quesadillas	Appetizers	140
Pepperoni Pizza Poppers	Appetizers	142
Buffalo Chicken Strips with Blue Cheese Dip	Appetizers	143
Spicy Shrimp with Asian Apricot Dipping Sauce	Appetizers	145
Sweet 'n' Spicy Nuts and Bolts Party Mix	Appetizers	146

*Marlene Koch Eat What You Love Recipe Index*

Chicken Tortilla Soup	Soups	149
Creamy Broccoli Cheddar Soup	Soups	150
Rotisserie Chicken Noodle Soup	Soups	151
Any Day Beef Barley Vegetable Soup	Soups	152
5-minute Egg Drop Soup	Soups	153
Speedy Black Bean Soup with Jalapeno Cream	Soups	154
"Cream" of Butternut Squash Soup	Soups	156
Chunky Chicken Minestrone Soup	Soups	157
Italian Sausage and Escarole Soup	Soups	158
Creamy Basil Tomato Soup	Soups	159
Spaghetti and Meatball Soup	Soups	161
"Cup of Red" Clam Chowder	Soups	162
Creamy Seafood Chowder	Soups	163
Chicken Corn Chowder	Soups	164
Super Chili	Chilis	166
Quick-Fix White Chicken Chili	Chilis	167
Everyday Mixed Greens with Italian Vinaigrette	Salads	173
Wedge Salad with Buttermilk Ranch Dressing	Salads	174
Romaine Salad with Avocado Ranch Dressing	Salads	175
Balsamic Salad with Pears, Blue Cheese, and Pecans	Salads	176
Shredded Spinach, Lettuce and Fresh Orange Salad	Salads	178
Strawberry Spinach Salad with Buttermilk Poppy Seed Dressing	Salads	179
5-Minute Skinny Slaw	Salads	180
Apple Jicama Cranberry Slaw	Salads	181
Classic Creamy Coleslaw	Salads	183
Fresh Broccoli and Walnut Salad	Salads	184
Family-Friendly Italian Tomato Salad	Salads	185
Best Ever Three Bean Salad	Salads	186
Red, White and Blue Potato Salad	Salads	188
Pasta Primavera Salad	Salads	189
Creamy Macaroni Salad Three Ways	Salads	190
Warm Spinach Salad with Olive Oil and Garlic	Salads	191
Thai Shrimp Salad	Entrée Salads	193
Everyday Chicken Caesar Salad	Entrée Salads	195
Buffalo Chicken and Blue Cheese Salad	Entrée Salads	196
Chinese Chicken Salad with Crunchy Ramen Noodles	Entrée Salads	197
Fajita Beef Salad	Entrée Salads	198
Spinach, Tuna and White Bean Salad	Entrée Salads	199
Southwest Chicken Salad	Entrée Salads	200
Dilly of a Tuna Sandwich	Sandwiches	204
Nutty Chicken Salad Sandwich	Sandwiches	205
Stuffed Seafood Salad Rolls	Sandwiches	206
Greek Pita Pocket	Sandwiches	207
Deli-Style Roast Beef Sandwich with Horseradish Sauce	Sandwiches	208
Very Veggie Wrap	Sandwiches	210
Chicken Caesar Wrap	Sandwiches	211

Express Beef Lettuce Wraps	Sandwiches	212
Way Better For You Tuna Melt	Sandwiches	213
Turkey Pesto Panini	Sandwiches	215
Crispy, Spicy Chicken Sandwich	Sandwiches	216
Just Right Meatball Heroes	Sandwiches	217
Quick Pita Pizzas	Sandwiches	218
Turkey Burgers Italiano	Sandwiches	219
Surprise Turkey Joes	Sandwiches	220
Baja Fish Tacos	Sandwiches	221
Cowboy Spaghetti	Pasta	226
Pasta Primavera	Pasta	227
Chicken Fajita Pasta	Pasta	229
Creamy Seafood Linguine	Pasta	230
Penne and Shrimp in Spicy Tomato Sauce	Pasta	231
Corkscrew Chicken and Broccoli Alfredo	Pasta	232
Greek Chicken Bowtie Pasta	Pasta	234
Asian Beef Noodle Bowl	Pasta	235
Lazy Pork Lo Mein	Pasta	236
Spicy Chicken Oriental Primavera	Pasta	237
Rigatoni, White Beans, and Sausage	Pasta	239
Fast Fix Lasagna Bake	Pasta	240
Nutty Beefy Noodles	Pasta	241
New-Age Tuna Noodle Casserole	Pasta	242
Quick Turkey Bolognese	Pasta	243
Everyday Spaghetti and Italian Meatballs	Pasta	244
Oven-Baked Onion Rings	Veggies	249
Quick "Pickle" Chips	Veggies	250
Sweet Sesame Broccoli	Veggies	251
Seared, Steamed, and Glazed Green Beans	Veggies	252
Orange-Ginger Carrots	Veggies	253
Maple-Glazed Carrot Coins	Veggies	254
Curried Cabbage	Veggies	256
Roasted Asparagus with Parmesan Cheese	Veggies	257
High-Heat Roasted Vegetables	Veggies	258
Easy Cheesy Microwave Medley	Veggies	259
Sautéed Sweet Peppers and Onion	Veggies	260
Stewed Italian Zucchini Parmesan	Veggies	261
Buttered Zucchini Ribbons	Veggies	262
Sautéed Summer Vegetables	Veggies	263
Spaghetti Squash Pomodoro	Veggies	264
"Spaghetti-ed" Spaghetti Squash	Veggies	265
Thyme for Mushrooms	Veggies	266
Sour Cream and Cheddar Mashed Faux-tatoes	Veggies	267
Parmesan Garlic Cauliflower Potato Mash	Veggies	268
Super Simple Sweet-and-Sour Red Cabbage	Veggies	269
Asian Stir-Fried Vegetables with Ginger and Garlic	Veggies	271

Stovetop Macaroni and Cheese	Starchy Sides	274
Sweet Potato Wedges	Starchy Sides	276
Parmesan Garlic Smashed Potatoes	Starchy Sides	277
Sweet Potato Puff	Starchy Sides	279
Sweet and Easy Acorn Squash	Starchy Sides	280
Red Potatoes and Green Beans	Starchy Sides	281
Spanish Rice	Starchy Sides	282
Veggie Brown Rice Pilaf	Starchy Sides	283
Stephen's Stir-Fried Rice	Starchy Sides	284
Greek-Style Couscous	Starchy Sides	286
Stovetop Barbequed Beans	Starchy Sides	287
Simple Southwest Black Beans	Starchy Sides	288
Curried Lentils and Carrots	Starchy Sides	289
Country Cornbread Muffins	Starchy Sides	290
Perfect Grilled Corn on the Cob	Starchy Sides	291
Best Oven-Fried Chicken	Poultry	295
Skillet Chicken Parmesan	Poultry	297
Garlic-Lime Chicken	Poultry	298
Chicken Curry in a Hurry	Poultry	299
No Bones Chicken Cacciatore	Poultry	300
20-Minute Perfect Poached Chicken	Poultry	301
Jammin' Chicken	Poultry	302
Honey Mustard-Glazed Chicken	Poultry	303
Quicker-Than-Take-Out Orange Chicken	Poultry	304
Orange Chicken Vegetable Stir-Fry	Poultry	306
Classic Chicken Piccata	Poultry	307
Slow-Cooker Root Beer Barbequed Chicken	Poultry	309
Marlene's Favorite Go-To Italian Chicken	Poultry	310
Green Beans and Balsamic Chicken	Poultry	311
Martha's Sunday Best Artichoke Heart Chicken	Poultry	312
Creamy Chicken Enchiladas	Poultry	313
Home-Style Turkey Pot Pie	Poultry	314
One-Pot Turkey Sausage Dinner	Poultry	316
Salsa Meatloaf	Poultry	317
Turkey Scaloppini and Creamy Mushroom Sauce	Poultry	318
Teriyaki Turkey Cutlets	Poultry	320
All-American Meatloaf Minis	Meat	323
Everyday Italian Meatballs	Meat	324
Tex Mex Chili Bake	Meat	325
Skillet Beef Stroganoff	Meat	327
Szechwan Beef and Broccoli Stir-Fry	Meat	328
Chili's-Style Grilled Beef Fajitas	Meat	329
Not Everyday Beef Tenderloin with Gorgonzola Sauce	Meat	330
Smothered Steak Burgers with Mushroom Gravy	Meat	332
20-Minute Pork Marsala	Meat	333
Pork Chop Suey	Meat	334

Pork Satay with Peanut Sauce	Meat	337
Skillet Pork Chops with Rosemary Mustard Cream Sauce	Meat	338
Sweet and Tangy Apricot Pork Chops	Meat	339
Pork Tenderloin with Cranberry Pan Sauce	Meat	340
Crispy Parmesan Fish	Seafood	343
Crunchy Cheddar Fish Strips	Seafood	344
Cornmeal-Crusted "Fried" Catfish with Homemade Tartar Sauce	Seafood	345
South of the Border Snapper Vera Cruz	Seafood	346
Easy Baked Cod with Lemon Butter Dill Sauce	Seafood	347
Fabulous 15-Minute Halibut	Seafood	348
Perfect Pan-Seared Scallops	Seafood	349
Crab Cakes with Mustard Dill Sauce	Seafood	350
Honey Dijon Grilled Shrimp Skewers	Seafood	352
Spicy Kung Pao Shrimp	Seafood	353
Southern-Style Shrimp Creole	Seafood	355
Sweet-and-Sour Shrimp Stir-Fry	Seafood	356
Salmon Packets with Fresh Tomato Basil Relish	Seafood	357
Orange-Ginger Glazed Salmon	Seafood	359
Apple Crumble Pie	Pies	363
Old-Fashioned Pumpkin Pie	Pies	364
No-Bake Creamsicle Pie	Pies	365
Triple Chocolate Cheesecake Pie	Pies	366
Berries in a Cloud	Fruit Desserts	368
Mixed Berries with Orange Custard Sauce	Fruit Desserts	369
Easy, Elegant Balsamic Strawberries	Fruit Desserts	370
Strawberry Cheesecake Crepes	Fruit Desserts	371
Cherry Berry Pie Cups	Fruit Desserts	373
Fast Fresh Fruit Tart	Fruit Desserts	374
Strawberry Banana Kabobs	Fruit Desserts	375
Hot Apple Stir Fry	Fruit Desserts	376
5-Minute Blackberry Crisp	Fruit Desserts	377
Warm Cinnamon Apple Crisp	Fruit Desserts	378
Amazing Peanut Butter Cookies	Cookies	383
Better-For-You Chocolate Chip Cookies	Cookies	385
Oatmeal Raisin Cookies	Cookies	386
Simple Meringue Cookies	Cookies	387
Chocolate Almond Meringue Cookies	Cookies	388
Lemon Tea Cakes	Cookies	389
No-Bake Peanut Butter Oat Bites	Cookies	390
Chocolate Cherry Bars	Cookies	391
Blueberry Cheesecake Bars	Cookies	392
Soft-Batch Chocolate Chip Bar Cookies	Cookies	394
Quick 'n' Healthy Carrot Cupcakes	Cakes	395
Perfect White Cupcakes	Cakes	397
Black-and-White Two-Bite Cupcakes	Cakes	398
Gingerbread Gems	Cakes	399

One-Bowl Dark Chocolate Snack Cake	Cakes	400
Fresh Banana Cake	Cakes	401
Pumpkin Pecan Cake with Whipped Cream Cheese Frosting	Cakes	403
Unbelievable Chocolate Cake	Cakes	404
Whipped Cream Cheese Frosting	Cakes	406
Chocolate Whipped Cream Frosting	Cakes	407
Lemon Bundt Cake	Cakes	408
Creamy Old-Fashioned Vanilla Pudding	Creamy Desserts	411
Warm Microwave Chocolate Pudding	Creamy Desserts	412
All-Purpose No-Bake Vanilla Cheesecake	Creamy Desserts	413
Everyday Cheesecake	Creamy Desserts	415
Key Lime Cheesecake "Cupcakes"	Creamy Desserts	416
Frozen Almond Mini Cheesecakes	Creamy Desserts	418
Delectable Coconut Custard	Creamy Desserts	419
Guilt-Free Banana Cream Pie in a Bowl	Creamy Desserts	420
Creamy Instant Pumpkin Mousse	Creamy Desserts	421
Peanut Butter Mousse	Creamy Desserts	423
Easy Ultra-Rich Chocolate Mousse	Creamy Desserts	424
10-Minute Soft Frozen Strawberry Yogurt	Creamy Desserts	425
Frozen Lemonade Squares	Creamy Desserts	426
Quick, Creamy Fudge Pops	Creamy Desserts	428

## EAT MORE OF WHAT YOU LOVE

Iced Tea Lemonade	Beverages	34
"Honest" Cranberry Lemonade	Beverages	35
Cherry Lemonade Freeze	Beverages	36
Peachy Green Tea Blast	Beverages	38
Orange Cream "Soda"	Beverages	39
Strawberry Banana Orange Julius	Beverages	41
Mango Tango Smoothie	Smoothies	42
Frosty Caramel Frappe	Smoothies	43
Strawberry Shortcake Milkshake	Smoothies	44
Jump for Java Smoothie	Smoothies	46
Berry Slim Protein Shake	Smoothies	47
Frosty Chocolate and Vanilla Malts	Smoothies	49
Thin-Mint Cookie Milkshake	Smoothies	50
Deep Dark Hot Chocolate Mix	Smoothies	51
Triple Lemon Blueberry Muffins	Breads/Muffins	55
Cream Cheese Filled Pumpkin Muffins	Breads/Muffins	57
Any Day Sunshine Muffins	Breads/Muffins	58
Whole Grain Oatmeal Muffins	Breads/Muffins	59
Favorite Focaccia Muffins	Breads/Muffins	60
Cheddar Bay-Style Biscuits	Breads/Muffins	62
Bran-ana Nut Mini-Loaves	Breads/Muffins	63
Marvelous Marble Poundcake	Breads/Muffins	65
Razzle-Dazzle Lemon Loaf	Breads/Muffins	66
Chocolate Zucchini Bread	Breads/Muffins	67
Berry Best Old-Fashioned Coffee Cake	Coffeecake	68
Chocolate Chip Quick Cake	Coffeecake	70
Grab 'n Go Oat Bars	Breakfast	73
Big Bowl Carrot Cake Oatmeal	Breakfast	74
The Elvis Oat Bowl	Breakfast	76
Denver-Style Egg White Melt	Breakfast	77
Amazing Two-Minute Egg Mugs	Breakfast	78
Chuck's Everyday Egg Scramble	Breakfast	79
Creamy Scrambled Eggs in Crispy Potato Skins	Breakfast	81
Easy Morning Egg "McMuffin" Strata	Breakfast	82
Chile Relleno Casserole	Breakfast	83
Quick 'n Easy Quiche	Breakfast	85
Eggs Benedict	Breakfast	86
Chicken Hash	Breakfast	87
Crispy Waffles with Creamy Maple Syrup	Breakfast	88
Wholesome Silver Dollar Hots	Breakfast	89
Strawberry Cheesecake Pancake Stacks	Breakfast	90
Berry Good Breakfast Sundaes	Breakfast	92



Creamy Fruit Dip	Appetizers	96
Ooey Goopy Pizza Dip	Appetizers	97
Pan-Fried Onion Dip	Appetizers	98
Susan's "Zero Point" Wonder Dip	Appetizers	100
More Baked Pita Chips	Appetizers	101
Seven Layer Greek Dip	Appetizers	103
Jalapeno Artichoke Party Squares	Appetizers	104
James' Pepperoni Pizza Puffs	Appetizers	105
Coconut Coconut Shrimp	Appetizers	107
Parmesan Crusted Asparagus Straws	Appetizers	108
Awesome Nacho Quesadilla	Appetizers	109
Beef and Blue Quesadillas	Appetizers	110
Barbecued Chicken Flatbread Pizza	Appetizers	111
Cheesy Chili Nachos	Appetizers	112
New England Clam Chowder	Soups	117
Chicken Pot Pie Soup	Soups	118
Chicken Enchilada Soup	Soups	120
The Shadows Hearty Lentil Soup	Soups	121
15-Minute Roasted Red Pepper Bisque	Soups	123
Very Veggie Soup	Soups	124
Loaded Baked Potato Soup	Soups	125
Cincinnati Chili	Soups	126
Buffalo Chicken Salad Sandwich	Sandwiches	128
Tuna Salad with a Twist	Sandwiches	129
Grilled Cheese and Tomato Soup Sandwiches	Sandwiches	131
Deli-licious French Dip Thinwich	Sandwiches	132
Knife & Fork Chicken Caesar "Salad" Sandwich	Sandwiches	133
Western Chicken Bacon Cheese Sandwiches	Sandwiches	134
Totally Terrific Turkey Burgers	Sandwiches	136
Outside-In Southwest Turkey Cheddar Burger	Sandwiches	137
Stuffed Black and Blue Steak Burgers	Sandwiches	139
Short-Cut Caramelized Onions	Sandwiches	140
Brand New Reuben Sandwich	Sandwiches	141
Good Ol' Iceberg with Classic French Dressing	Salads	145
Green Leafy Salad with Green Goddess Dressing	Salads	147
Mixed Greens with Everyday Balsamic Vinaigrette	Salads	148
Lime-Cottage Cheese Jell-O Salad	Salads	149
Classic Spinach Salad with Bacon Dressing	Salads	150
Creamy Ranch Slaw	Salads	151
Potluck Peanut Slaw	Salads	152
Farmer's Market Potato Salad	Salads	154
Corn and Tomato Salad	Salads	156
Super Spinach and Orzo Pasta Salad	Salads	157
Almost Everything Chopped Salad	Entrée Salads	159
Apple, Chicken, and Walnut Salad with Raspberry Vinaigrette	Entrée Salads	161
Crispy Chicken Salad with Honey Mustard Dressing	Entrée Salads	162

*Marlene Koch Eat More of What You Love Recipe Index*

Anything Goes Asian Spinach Salad	Entrée Salads	163
Quick 'n Healthy Taco Salad	Entrée Salads	164
Chicken Chili Verde	Slow Cooker	169
Barbecued Pulled Pork	Slow Cooker	171
Italian Stuffed Peppers	Slow Cooker	172
Chicken at the Ready	Slow Cooker	173
Lazy Day Lasagna	Slow Cooker	174
Creamy King Ranch Casserole	Slow Cooker	175
Wendy's-Style Chili	Slow Cooker	177
Stephen's Beef Stew	Slow Cooker	179
Italian Bean and Bacon Soup	Slow Cooker	180
Marlene's All-Purpose Marinara Sauce	Slow Cooker	181
Fast-Fix Ratatouille	Slow Cooker	182
Boston Baked Beans	Slow Cooker	183
Creamy Slow Cooker Cheesecake Sundaes	Slow Cooker	184
Slow Cooker Apples - Baked and Sauced	Slow Cooker	186
Cajun Jambalaya Pasta	Pasta	190
Sneaky Beef and Penne Skillet	Pasta	191
Buffalo Chicken Pasta	Pasta	193
Chicken Parmesan Pasta Toss	Pasta	195
At-Home Pad Thai	Pasta	196
Quick-Fix Turkey Chili Mac Skillet	Pasta	197
Cheesy Seaside Shells	Pasta	198
Chicken Fettuccine Alfredo	Pasta	200
Creamy Pesto Penne - Two Ways	Pasta	201
15-Minute Shrimp Fettuccine	Pasta	202
Easy Eggplant Parmesan	Pasta	203
Pizza Pasta Pie	Pasta	204
Homemade Pizza Dough	Pizza	206
Loaded Cheese and Pepperoni Pizza	Pizza	207
Individual New York-Style Pizzas	Pizza	209
Classic Creamed Spinach	Sides	213
Lemony Buttery Green Beans	Sides	214
Fresh Orange-Glazed Carrots	Sides	215
Oven-Fried Broccoli Bites	Sides	216
Smoky Garlicky Greens	Sides	218
Inside-Out Stuffed Mushrooms	Sides	219
Sautéed Cabbage, Onion, and Apples	Sides	220
Roasted Onions with Sweet Balsamic Glaze	Sides	221
Fresh Asparagus with Hollandaise Sauce	Sides	223
Easy Everyday Vegetable Latkes	Sides	224
Light-as-a-Feather Zucchini Casserole	Sides	225
Creamy Golden Mashed Potatoes	Sides	226
Sour Cream and Onion Smashed Potatoes	Sides	227
Fiesta Lime Rice	Sides	229
Spicy Sweet Potato Mash	Sides	230

*Marlene Koch Eat More of What You Love Recipe Index*

10-Minute Broccoli Cheese and Rice Skillet	Sides	231
Quick-Fix Macaroni and Cheese Muffins	Sides	232
Cheesy Skillet Cornbread	Sides	234
Everyday Garlic Toast	Sides	235
Good 'n Easy Garlic Chicken	Poultry	238
Fast Fabulous Roast Chicken	Poultry	239
Chicken Chicken Fried Steak with Cream Gravy	Poultry	240
Chicken Cordon Bleu	Poultry	243
Sticky Lemon Chicken	Poultry	245
Triscuit "Fried" Chicken Tenders	Poultry	246
Cheesecake Factory-Style Chicken Madeira	Poultry	247
1-2-3 Basic Balsamic Chicken	Poultry	248
Super Simple Chicken Pizzaiolo	Poultry	250
General Tso's Chicken	Poultry	251
Curried Cashew Chicken Stir-Fry	Poultry	253
Chicken Enchilada Bake	Poultry	254
One Pan Creamy Turkey and Rice Skillet	Poultry	255
Turkey Kabobs with Greek Cucumber Yogurt Dip	Poultry	256
Mile High Meatloaf (Times Two!)	Meat	260
East Meets West Salisbury Steak	Meat	261
Steak Diane	Meat	263
Biscuit and Burger Pie	Meat	264
Crispy Pork Scaloppini	Meat	265
PF Chang's-Style Mongolian Beef	Meat	266
15-Minute Maple Glazed Pork Chops	Meat	268
Sassy Grilled Pork with Memphis-Style BBQ Sauce	Meat	269
Skillet Pork and Peppers	Meat	271
Plum Good Pork	Meat	272
Shrimp Scampi	Seafood	273
Simple Southwestern Tilapia	Seafood	274
Nut-Crusted Fish Fillets	Seafood	276
Honey Walnut Shrimp	Seafood	277
Grilled Salmon with Raspberry Chipotle Sauce	Seafood	279
Easy 20-Minute Fish Stew	Seafood	280
Fast Fix Fruit Pies	Pies	283
Free Form Apple Pie	Pies	285
Amazing Pecan Pie Cups	Pies	286
Chocolate Pavlova Pie	Pies	288
Impossible Cheesecake Pie	Pies	289
Cheesecake-Stuffed Strawberries	Puddings	291
Pumpkin Pie Cheesecake Squares	Puddings	292
Quick and Creamy Cinnamon Rice Pudding	Puddings	293
Crème Caramel Pudding Squares	Puddings	294
Fresh Peach and Blueberry Cobbler	Specialty Desserts	296
Easy Lemon Ice Cream with Quick Raspberry Sauce	Specialty Desserts	297
5-Ingredient Dark Chocolate Souffles	Specialty Desserts	299

*Marlene Koch Eat More of What You Love Recipe Index*

Snickerdoodle Softies	Cookies	303
Krispy Meringues	Cookies	304
One-Bowl Three-Bite Brownies	Cookies	305
Raspberry Oat Bars	Cookies	307
No-Bake Chocolate Sandwich Cookies	Cookies	308
Sugar-Free Lemon Shortbread	Cookies	309
Unbelievable Whoopie Pies	Cookies	310
Old-Fashioned Chocolate Mayo Cake	Cakes	312
Fresh Orange and Almond Cake	Cakes	313
Double Pineapple Upside Down Cake	Cakes	315
Heavenly Pumpkin Spice Cake	Cakes	316
Unbelievable Chocolate Cake	Cakes	317
Red Velvet Cupcakes	Cupcakes	321
Best-Ever Banana Cupcakes	Cupcakes	322
90-Calorie Chocolate Cupcakes	Cupcakes	324
Triple Strawberry Stuffed Cupcakes	Cupcakes	325
Ooey Goopy Peanut Butter Stuffed Chocolate Cupcakes	Cupcakes	327
Heavenly Angel Cupcakes with Luscious Lemon Frosting	Cupcakes	328
Tuxedo Cheesecake Cupcakes	Cupcakes	329
No-Bake Red, White, and Blue Cheesecake Cupcakes	Cupcakes	330
Basic Whipped Cream Cheese Frosting	Cupcakes	332
Strawberry Sour Cream Frosting	Cupcakes	333
Chocolate Whipped Cream Frosting	Cupcakes	334
Chocolate Fudge Glaze	Cupcakes	335

## EAT WHAT YOU LOVE EVERYDAY

Iced Green Tea Refresher	Beverages	39
Raspberry Lemonade	Beverages	40
Citrus Cucumber Spa Water	Beverages	41
Strawberry Kiwi Smoothie	Smoothies	42
Luscious Lemon Slim Smoothie	Smoothies	45
Banana Berry Super Smoothie	Smoothies	46
PB&J Smoothie	Smoothies	47
Mocha Fudge "Mudslide" Milkshake	Beverages	48
Soda Fountain Float Freezes	Beverages	50
Starbucks-Style Blended Strawberries and Cream Frappe	Beverages	51
Blended Strawberry Daiquiri	Beverages	53
65-Calorie Peppermint Mocha	Beverages	54
BBQ Bloody Mary's	Beverages	55
Skinny Margaritas	Beverages	56
Apple Pie Oatmeal	Breakfast	59
Everyday Granola	Breakfast	60
Breakfast-Style Egg Salad Sandwich	Breakfast	62
Anyday Egg "Muffins"	Breakfast	63
Pizza Frittata	Breakfast	65
Perfect Puffy 150-Calorie Cheese Omelet	Breakfast	66
Hearty Breakfast Bake	Breakfast	67
Savory Southern-Style Biscuits, Eggs, and Gravy	Breakfast	68
Joe's Special Spinach and Egg Scramble	Breakfast	70
Mexican-Style Steak and Eggs	Breakfast	71
14-Karat Carrot Cake Pancakes	Breakfast	73
Sweet and Savory French Toast Sandwiches	Breakfast	74
Whole Grain Apple Popover Pancakes	Breakfast	75
Apple Dapple Yogurt Parfait	Breakfast	76
Maple Bacon Waffles	Breakfast	78
Cinnamon Sugar "Donut" Muffins	Muffins	82
Chocolate Breakfast Muffins	Muffins	83
Raspberry Cream Cheese Muffins	Muffins	84
Chocolate Chip Cookie Muffins	Muffins	86
Blueberry Bran Muffin Tops	Muffins	87
Bananarama Breakfast Bars	Breads/Cakes	89
Gluten Free Oatmeal Spice Bars	Breakfast Breads/Cakes	90
Blueberry Biscones	Breakfast Breads/Cakes	91
Savory Southern Biscuits	Breakfast Breads/Cakes	92
Quick Sour Cream and Onion Biscuits	Breakfast Breads/Cakes	93
Jalapeno Cheddar Muffins	Muffins	94
Pumpkin Banana Mini Loaves	Breakfast Breads/Cakes	96
Classic Zucchini Bread	Breakfast Breads/Cakes	97
Apples and Cinnamon Quick Cake	Breakfast Breads/Cakes	99

Cinnamon Sour Cream Coffee Cake	Breakfast Breads/Cakes	100
Deviled Eggs-Two Ways	Appetizers	103
Fruit Salsa with Cinnamon-Sugar Crisps	Appetizers	105
Two-Minute Fire-Roasted Salsa	Appetizers	106
Red Pepper Hummus	Appetizers	107
Buffalo Chicken Dip	Appetizers	108
Barbequed Black Bean Dip	Appetizers	110
Baked Pita Strips	Appetizers	111
Chicken Fajita Nachos	Appetizers	112
Creamy Crab Dip on a Crispy Crust	Appetizers	114
Sweet 'n Spicy Pickled Green Bean	Appetizers	115
Oven-Fried Mozzarella Sticks	Appetizers	117
Garlicky Grilled Shrimp	Appetizers	118
Easy Baked Egg Rolls	Appetizers	119
Moo-Shu Lettuce Wraps with Asian Peanut Sauce	Appetizers	120
Roasted Red Pepper and Tomato Soup	Soups	125
Weeknight Chicken and Dumplings	Soups	126
Outback-Style Creamy Onion Soup	Soups	128
Quickie Kale and Calico Bean Soup	Soups	129
Sweet Potato Pumpkin Harvest Soup	Soups	131
Mushroom Bisque	Soups	132
Game Day No-Chop Chili	Soups	133
Hearty Lasagna Soup	Soups	134
Turkey Avocado'wich on Wheat	Sandwiches	136
Curried Chicken Salad Sandwich Three Ways	Sandwiches	137
Curried Chicken Salad in Warm Pita Pockets	Sandwiches	138
Curried Chicken Salad Wraps	Sandwiches	139
Cheesy Toasty Veggie Hero	Sandwiches	141
Beef "Fil-A" Sandwich	Sandwiches	142
Southern-Style Grilled Cheese	Sandwiches	143
Buffalo Chicken Burger	Sandwiches	144
Chicago-Style Hot Dogs	Sandwiches	146
Simple Southwest Veggie Burgers	Sandwiches	147
Bodacious "50-50" Bacon 'n Beef Burgers	Sandwiches	149
San Francisco Patty Melt	Sandwiches	150
Garden Salad with Thousand Island Dressing	Salads	153
Italian "House" Salad with Cheesy Italian Dressing	Salads	154
Three-Minute Tomato and Avocado Salad	Salads	155
Spectacular Steakhouse Wedge Salad with Blue Cheese	Salads	156
Balsamic Beet and Orange Salad	Salads	158
Crunchy Cucumbers with Fresh Dilled Ranch Dressing	Salads	159
Antipasto Pasta Salad	Salads	161
Apple Poppy Seed Slaw	Salads	162
Guilt-Free Watergate Salad	Salads	163
Superfood Fruit and Grain Salad	Salads	164
Sweet Potato Salad with Warm Bacon Dressing	Salads	166

Hand-Tossed Pizza Salad for Two	Salads	167
Barbequed Chicken Chopped Salad	Entrée Salads	168
Chicken Waldorf Salad	Entrée Salads	170
Seafood Louie Salad	Entrée Salads	171
Pasta with Chicken and Fresh Pomodoro Sauce	Pasta	174
Chicken Enchilada Pasta Skillet	Pasta	177
Better-for-You Three Cheese Baked Ziti	Pasta	178
Stacked Macaroni and Cheese	Pasta	179
Chicken Cheddar Bacon Ranch Mac 'n Cheese	Pasta	180
Creamy Weeknight Spaghetti	Pasta	182
American Chop Suey	Pasta	183
Sneaky Stuffed Shells	Pasta	185
Pasta Carbonara	Pasta	186
Panda-Style Chicken Chow Mein	Pasta	187
Lemony Shrimp and Spinach Fettuccine in Cream Sauce	Pasta	188
Easy All-Purpose Marinara	Pasta	190
Light Luscious All-Purpose Alfredo Sauce	Pasta	191
Linguine with Red Clam Sauce for Two	Pasta	192
Individual Mexican Pizza(s)	Pizza	193
Chicken Alfredo Pizza	Pizza	194
Asian BBQ Drummies	Slow/Pressure	199
Italian Sloppy Joes	Slow/Pressure	200
Old Fashioned Beef Stew	Slow/Pressure	202
Citrus Salsa Chicken	Slow/Pressure	203
Rigatoni and Meat Sauce	Slow/Pressure	205
Chipotle Beef Baracoa	Slow/Pressure	206
Juicy Herbed Turkey Breast	Slow/Pressure	207
Fabulous French Onion Chicken	Slow/Pressure	208
Potato Leek Soup	Slow/Pressure	210
Risotto Primavera	Slow/Pressure	211
Turkey Taco Soup	Slow/Pressure	213
Judy's All-Purpose Beans	Slow/Pressure	214
Homemade Chicken Stock	Slow/Pressure	215
Popcorn Cauliflower	Sides	219
Thyme for Honey Mustard Carrots	Sides	220
Cheesy Spinach Bake	Sides	221
Classic Green Bean "Casserole"	Sides	223
Balsamic Green Beans Almandine	Sides	224
Skillet Roasted Smoky Brussels Sprouts	Sides	225
Jalapeno Popper Stuffed Zucchini Boats	Sides	226
Better Bean Succotash	Sides	228
Two-Minute Sugar Snap Peas	Sides	229
Terrific Tomato Tart	Sides	231
Extra Crispy Oven-Baked Steak Fries	Sides	232
Creamy Steakhouse Mashed Potatoes	Sides	233
30-Minute Twice-Baked Potatoes	Sides	234

10-Minute Mexican-Style Pintos	Sides	236
Instant Curried Rice and Pea Pilaf	Sides	237
Sweet Noodle Kugel	Sides	238
Quick 'n Easy Any Day Applesauce	Sides	239
Any Day Stuffin Muffins	Sides	240
Parmesan Crusted Chicken	Poultry	244
Crispy Ranch Hand Chicken	Poultry	245
Speedy Spinach Artichoke Dip Chicken	Poultry	247
Any Day Chicken Enchiladas	Poultry	248
No Bones Chicken Coq au Vin	Poultry	249
Stephen's Pretzel Chicken with Honey Mustard Sauce	Poultry	250
20-Minute One Pot Chicken and Bean Stew	Poultry	252
Sesame Chicken	Poultry	253
Quicker-Than-Takeout Sweet and Sour Chicken	Poultry	254
Tandoori-Style Grilled Chicken	Poultry	256
Almost Cheesecake Factory Bang Bang Chicken and Shrimp	Poultry	257
Grilled Portobello Turkey Stuffed "Pizzas"	Poultry	259
Moist and Flavorful Chicken for Days	Poultry	260
Poor Man's Turkey Stroganoff	Poultry	261
15-Minute Meatloaf Dinner	Meat	265
Skillet Shepherd's Pie	Meat	267
James' Orange Beef	Meat	268
No-Fail Roast Beef	Meat	269
Filet Mignon with Creamy Crab Topping	Meat	270
Better than Shake 'n Bake Pork Chops	Meat	272
Pork Tenderloin with Blackberry Barbecue Sauce	Meat	273
Skillet Pork Chops with Buttermilk Gravy	Meat	275
Porchetta-Style Pork Loin	Meat	276
Company's Coming Maple Glazed Ham	Meat	277
15-Minute Garlicky Baked Shrimp	Seafood	278
Fast-Fix Buffalo Salmon	Seafood	280
Tuscan Tilapia	Seafood	281
Chuck's Rub Barbecued Salmon	Seafood	282
Fish n' Chips	Seafood	283
Grilled Fish with Mango Salsa	Seafood	285
No-Bake Banana Caramel Cream Cheese Pie	Pies	288
Deep Dish Double Berry Rhubarb Pie	Pies	289
10-Minute Peanut Butter Pretzel Pie	Pies	290
90-Calorie Vanilla Cupcakes	Cakes	292
Luscious Coconut Cupcakes	Cakes	293
Cherry-Filled Black Forest Cupcakes	Cakes	295
Carrot Zucchini Cake	Cakes	296
Old Fashioned Orange Buttermilk Cake	Cakes	297
Coconut Layer Cake with Coconut Cream Cheese Frosting	Cakes	298
Heavenly Strawberry Cake Roll	Cakes	300
My Unbelievable Chocolate Cake	Cakes	301



*Marlene Koch Eat What You Love Everyday Recipe Index*

Molten Chocolate Lava Cakes	Cakes	303
Whipped Cream Cheese Frosting	Cakes	304
Chocolate Fudge Glaze	Cakes	305
Double Chocolate Softies	Cookies	309
Peanut Butter Oatmeal Chocolate Chip Cookies	Cookies	310
Coconut Almond Cookies	Cookies	312
Lemon Meringue Pie Meringues	Cookies	313
James' Spicy Ginger Cookie Coins	Cookies	314
Cherry Berry Crunch	Creamy	315
Five-Ingredient Strawberry Blossom Pudding Cups	Creamy	317
Jammin' Cheesecake Squares	Creamy	318
Easy Icebox Éclair Squares	Creamy	319
Tiramisu	Creamy	320
Marvelous Strawberry Mousse	Creamy	322
Super creamy Pumpkin Pie Cups	Creamy	323
Red Velvet Cheesecake Cupcakes	Creamy	324
Blackberry Bread Pudding	Bread Pudding	326
Homemade Frozen Fruit Pops	Popsicles	327

## EAT WHAT YOU LOVE QUICK AND EASY

Apple-licious Green Smoothie	Beverages	37
Blueberry Citrus Sparker	Beverages	38
Peachy Sweet Tea Freeze	Beverages	40
Almond Joy Smoothie	Smoothie	41
Dark Chocolate Strawberry Smoothie	Smoothie	43
Oatmeal Cookie Breakfast Smoothie	Smoothie	44
McMarlene's Mocha Frappe	Beverages	45
Thick and Creamy Strawberry Shake	Beverages	46
Skinny Pumpkin Spice Latte	Beverages	48
Banana-Oat Breakfast Cookies	Breakfast	49
3-Ingredient Chocolate Caramel Biscuit Donuts	Breakfast	51
100-Calorie Blueberry Bran Muffins	Muffins	52
Cinnamon Swirl Quick Cake	Coffeecake	53
Small Batch Bakery-Style Blackberry Muffins	Muffins	54
Make-Ahead Bacon Cheddar Grab 'n Go Burritos	Breakfast	59
One-Bowl Double Chocolate Pancakes	Breakfast	60
5-Minute Breakfast Pizzas	Breakfast	62
Cinnamon Chai Oatmeal	Breakfast	63
Easy Breakfast "Souffle" for Two	Breakfast	65
Cheesy Spinach Breakfast Bake	Breakfast	66
Shortcut Spanish Potato Frittata	Breakfast	67
30-Minute Skillet Strata	Breakfast	68
5-Ingredient Banana-Oat Pancakes for One	Breakfast	70
Light and Fluffy Blueberry Cornmeal Pancakes	Breakfast	71
Pumpkin Pie French Toast	Breakfast	73
Fast-Fix Strawberry "Cheesecake" Waffle Sandwiches	Breakfast	74
Breakfast Cheesecake!	Breakfast	75
Quick and Easy Waffled Hash Browns	Breakfast	76
Avocado Ranch Dip	Appetizers	80
5-Minute Shrimp Salsa	Appetizers	82
Easy Peasy Bacon Topped Crostini	Appetizers	83
Chicken Nacho Dip	Appetizers	85
Tasty Homemade Taco Chips	Appetizers	86
Oven-Baked Cauliflower Bites	Appetizers	87
"Fried" Macaroni & Cheese	Appetizers	88
Kettle Style Kale Chips	Appetizers	90
Chicken Caesar Lettuce Wraps	Appetizers	91
Muffin Tin Crab Cakes	Appetizers	93
Pepperoni Pizzadilla	Appetizers	94
Anytime Meatballs with Grape Jelly BBQ Sauce	Appetizers	95
Mini Corn Dog "Pup-Cakes"	Appetizers	96
Fast-Fix French Onion Soup	Soups	101
Tuscan Chicken Noodle Soup	Soups	102
Skinny Cheese Cauliflower Soup	Soups	103

Cabbage Roll Soup	Soups	104
Fresh Fast Cream of Zucchini Soup	Soups	107
5-Ingredient Black Bean Soup	Soups	108
Smokey Slow-Cooker Split Pea Soup	Soups	109
Quickie Chicken and Shrimp Gumbo	Soups	110
At-Home Asian Chicken Noodle Soup Bowls	Soups	112
Very Veggie Chickpea Chili	Soups	113
Good & Easy Turkey Chili	Soups	115
Slow Cooker Texas Beef and Black Bean Chili	Soups	116
Tuna n' Egg Salad Sandwich	Sandwiches	122
My Favorite Caprese Sandwich	Sandwiches	123
Harvest Chicken Salad Sandwich	Sandwiches	124
Turkey Wrap with Pesto Mayo	Sandwiches	126
Chicken and Blue Buffalo Wrap	Sandwiches	127
Quesadilla Burger	Sandwiches	129
Chicken Enchilada Tacos	Sandwiches	130
Korean-Style BBQ Tacos	Sandwiches	131
Blackened Tilapia Po'boys	Sandwiches	132
Loaded Philly Cheesesteak	Sandwiches	134
Southwest Beef & Bean Burgers	Sandwiches	135
Double Mushroom Swiss Burger	Sandwiches	137
Mixed Green with Tomato Balsamic Vinaigrette	Salads	140
Anytime Tomato Salad	Salads	141
Bibb and Blue Salad	Salads	142
Tender Kale and Bacon Salad with Strawberry Vinaigrette	Salads	144
Whole Grain Mediterranean Salad	Salads	145
Watermelon Feta "Pizza" Salad	Salads	147
Creamy Crunchy Pea Salad	Salads	148
Creamy Potato Mac Potluck Salad	Salads	149
Upside Down Strawberry Pretzel Salad	Salads	150
Chicken BLT Salad with Ranch Dressing	Entrée Salads	153
Creamy Shrimp and Dill Wedge	Entrée Salads	154
Nacho Chip Taco Salad	Entrée Salads	155
Teriyaki Salmon and Spinach Salad	Entrée Salads	156
Steakhouse Steak Salad	Entrée Salads	158
Penne Pasta with Sausage and Kale	Pasta	163
Chili's Style Creamy Cajun Chicken Pasta	Pasta	164
Weeknight Lasagna Roll ups	Pasta	166
One-Pot BBQ Chicken Pasta	Pasta	167
Buttons, Bowties, and Blue Cheese Chicken Pasta	Pasta	169
15-Minute Shrimp and Penne Pasta with Marsala Marinara	Pasta	170
Super-Fast Fresh Tomato and Zucchini Pasta	Pasta	171
Shortcut Veggie Lasagna	Pasta	172
Asian Pork and Noodles	Pasta	174
Taco Stuffed Shells	Pasta	175
Deep Dish Skillet Pizza	Pizza	177

BLT Chicken Pizzas	Pizza	178
Greek Flatbread Pizza	Pizza	179
Easiest Ever Glazed Carrots	Sides	183
Green Beans with Tomatoes and Bacon	Sides	184
10-Minute Broccoli Gratin	Sides	186
Cheesy Cauliflower Bake	Sides	187
Easiest Ever Corn on the Cob	Sides	189
Warm Cabbage Slaw	Sides	190
Classic Creamed Peas and Onions	Sides	191
Last-Minute Roasted Red Potatoes	Sides	192
Pan-Roasted Broccolini	Sides	194
One-Pot Spaghetti and Spinach	Sides	195
Better-Than-Ever Stovetop Mac & Cheese	Sides	197
10-Minute Broccoli and Parmesan Couscous	Sides	198
Instant Brown Rice Pilaf	Sides	199
Pesto Pizza Bread	Sides	200
Amazing Zucchini "Butter"	Sides	202
Coconut Coconut Chicken	Poultry	206
Amazing Smashed Garlic Butter Chicken	Poultry	207
Cheesy Bacon Chicken with Honey Mustard Drizzle	Poultry	208
Chicken Paprikash	Poultry	210
5-Ingredient Balsamic Braised Chicken Thighs	Poultry	211
Teriyaki Fried Chicken	Poultry	213
Chicken Tikka Masala	Poultry	214
2-Minute Greek Lemon Chicken	Poultry	215
Bourbon Chicken and Broccoli Stir Fry	Poultry	216
Slow Cooker Creamy Chicken and Biscuit Stew	Poultry	219
Jalapeno Popper Chicken	Poultry	220
Anytime Turkey Meatballs	Poultry	221
Stuffing Crusted Turkey Sheet Pan Supper	Poultry	222
Turkey Taco Casserole	Poultry	224
Everyday Marinated Steak	Meat	229
Swedish Meatballs with Sour Cream Gravy	Meat	230
15-Minute Upside Down Shepherd's Pie	Meat	232
Chinese Pepper Steak	Meat	233
Pan-Seared Filet Mignon with Rosemary Red Wine Sauce	Meat	235
Slow Cooker Balsamic BBQ Beef	Meat	236
4-Ingredient Sweet and Spicy Pork Chops	Meat	237
Fuss-Free Sheet Pan Fajitas	Meat	238
Sheet Pan Pork and Vegetable "Stir Fry"	Meat	240
Pork Tenderloin with Orange Marmalade Sauce	Meat	241
Autumn Apple Pork Chop Skillet	Meat	243
Slow and Easy Pork Chili Verde	Meat	244
Tilapia Piccata	Seafood	248
Chicken Fried Fish with Buttermilk Dressing	Seafood	249
5-Ingredient Spinach Stuffed Salmon	Seafood	250

Almost Bang Bang Shrimp	Seafood	252
Sheet Pan Salmon	Seafood	253
Bacon Wrapped Rosemary Cod	Seafood	255
Flash Broiled Fish with 1-Minute Seafood Hollandaise	Seafood	256
Any Day Salmon Cakes with Homemade Tartar Sauce	Seafood	257
15-Minute Shrimp and Couscous Skillet	Seafood	258
Teriyaki Fish Foil Packets	Seafood	260
Creamy Vegetable Enchiladas	Meatless	261
Megan's Marvelous Zucchini Pie	Meatless	263
Hoppin' Jane in a Hurry	Meatless	264
Steak Style Portobellos	Meatless	265
Berry Good Icebox Cake	Desserts	268
Frosty Peaches and Cream Yogurt Pie	No-Bake Desserts	269
Luscious Lemon Pie with Shortbread Crust	No-Bake Desserts	270
Fresh Strawberry Single-Serving Pies	No-Bake Desserts	272
2-Minute Microwave Pumpkin Pie	No-Bake Desserts	273
15-Minute Coconut Cream Candy Bar Pie	No-Bake Desserts	275
Grilled Peach Sundaes with Caramel Sauce and Almonds	No-Bake Desserts	276
No-Churn Fruity Frozen Yogurt	No-Bake Desserts	277
No-Bake Red, White, and Blue Dome Cake	No-Bake Desserts	278
Chocolate-Covered Crispy Peanut Butter Bon Bons	No-Bake Desserts	280
2-Minute Chocolate "Cup" Cake for One	No-Bake Desserts	281
No-Bake Cherry-Topped Cheesecake Cupcakes	No-Bake Desserts	283
Chocolate Hazelnut (Nutella) Mousse	No-Bake Desserts	284
Blueberry Cheesecake Pie Cups	Pies	289
Easiest-Ever Fresh Blueberry Pie	Pies	290
3-Ingredient Shortcut Strawberry Souffles	Desserts	292
Almond Tea Cakes	Cookies	293
Easy Apple Pie Pastry Squares	Desserts	295
Quick and Easy Chocolate Cake Mix Cookies	Cookies	296
Double Strawberry Cheesecake Bars	Cookies	297
Small Batch Chocolate Caramel Cheesecake Stuffed Cupcakes	Cakes	298
PB&J Thumbprint Cookies	Cookies	300
Heavenly Chocolate Cupcakes with Mocha Topping	Cakes	301
One-Bowl Mandarin Orange Cake	Cakes	303
My Unbelievable One-Bowl Chocolate Cake	Cakes	304
Homemade Ranch Dressing	Basics	308
Buttermilk Scallion Dressing	Basics	309
Creamy Caesar Dressing	Basics	310
DIY Taco Seasoning	Basics	312
Favorite Pumpkin Pie Seasoning	Basics	313
Everyday Marinara Sauce	Basics	315
Easy Red Enchilada Sauce	Basics	316
Easy Cheese Sauce	Basics	317
Fast-Fix Berry Sauce	Basics	318
Double Dark Chocolate Sauce	Basics	320

Vanilla Crumb Crust	Basics	321
---------------------	--------	-----

## **EAT WHAT YOU LOVE RESTAURANT FAVORITES**

Coffee Coolatte	Beverages	37
McCafé Style Frosty Caramel & Mocha Frappes	Beverages	39
Better-For-You Strawberry Banana Smoothie	Beverages	40
DIY Cold Brew Mocha Iced Coffee	Beverages	42
Almond Joy Hot Chocolate	Beverages	51
Better-Than-Ever Thick and Creamy Milkshakes	Beverages	73
Margaritas for Two, Two Ways	Beverages	143
Bacon and Egg Avocado Toast	Breakfast	43
Egg, Spinach, and Sausage Wake-Up Wrap	Breakfast	44
Small Batch Apple Fritter Donut Muffins	Muffins	45
3-Minute Egg-White Delight	Breakfast	55
Sausage 'n Egg Breakfast Burrito	Breakfast	57
Red Velvet Pancakes with Cream Cheese Drizzle	Breakfast	77
Spinach & Mushroom Benedict Omelet	Breakfast	78
Chicken n' Waffles	Breakfast	99
Crispy Cornmeal Waffles	Breakfast	100
Huevos Rancheros	Breakfast	122
Spinach & Artichoke Breakfast Bakes	Breakfast	219
Overnight Creamy Oats with Fruit and Nuts	Breakfast	220
Quick and Easy Breakfast and Italian Sausage	Breakfast	242
Fast-Fix Fruit & Cream Cheese Danish	Bakery	48
Classic Cinnamon Coffee Cake	Bakery	49
Quick 'n Easy Blueberry Banana Breakfast Loaf	Bakery	50
Chocolate Chip Muffins	Bakery	232
Baker's Dozen Peanut Butter Scotchies	Bakery	233
James' Lemon Blueberry Bars	Bakery	235
Fresh Orange Scones	Bakery	237
All Purpose Biscuits	Bakery	241
Hot Spinach Artichoke Dip	Appetizers	80
Crispy Chicken Avocado Egg Rolls	Appetizers	81
Cheesy Chili Nachos	Appetizers	127
Quick and Easy Queso Dip	Appetizers	129
Classic Shrimp Cocktail	Appetizers	196
Crab Cakes with Creamy Dill Sauce	Appetizers	198
Chicken, Apple, Pecan Salad with Balsamic Vinaigrette	Entrée Salads	58
Classic Cobb Salad	Entrée Salads	82
Easy Southern Slaw	Salads	101
In A Flash Caesar Salad for Two	Salads	168
Spectacular Wedge Salad with Balsamic Drizzle	Salads	195
Mimi's Café Asian Chicken Salad	Entrée Salads	222
Strawberry Chicken Poppy Seed Salad	Entrée Salads	223
10-Minute Wonton Soup	Soups	147
Elana's Toscana Soup	Soups	170

*Marlene Koch Eat What You Love Restaurant Favorites Recipe Index*

My La Madeleine Tomato Basil Soup	Soups	224
Panera Style Broccoli Cheddar Soup	Soups	227
Stephen's Taco Bell Style Chicken Quesadilla	Sandwiches	60
Classic Quarter Pound Burger with Special Sauce	Sandwiches	61
Western Bacon Chicken Sandwich	Sandwiches	62
Filet of Fish Sandwich Air Fried	Sandwiches	63
Chicken Pepperoni Parm Sandwich	Sandwiches	65
Primo Pico Guacamole Burger	Sandwiches	66
Crispy Chicken Strips with Ranch Dressing Air Fried	Sandwiches	68
Turkey Ranch Wrap	Sandwiches	228
Tuna Tartine Toasted Tuna Sandwich	Sandwiches	230
Grown Up Grilled Cheese	Sandwiches	231
Extra Crispy Onion Rings Air Fried	Sides	69
Air Fried Seasoned Fries	Sides	70
Cheddar Bay and Rosemary Parmesan Biscuits	Sides	90
Loaded Mashed Potatoes	Sides	91
Sweet Potato Casserole	Sides	102
Cracker Barrel Style Fried Apples	Sides	104
Broccoli Bacon Mac and Cheese	Sides	113
Cilantro-Lime Fiesta Rice	Sides	138
Supremely Simple Refried Beans	Sides	139
Pork-Fried Rice	Sides	161
20-Minute Loaded Veggie Lo Mein	Sides	163
Sweet and Spicy Glazed Green Beans	Sides	164
Simply Steamed Lemon Butter Broccoli	Sides	206
Lawry's Style Creamed Spinach	Sides	207
Creamy All-Purpose Mashed Potatoes	Sides	208
Cheesecake Factory Style Cajun Jambalaya Pasta	Pasta	83
Fast Fix Pizza Margherita for One	Pasta	172
Chicken Broccoli Alfredo	Pasta	176
Lazy Day Lasagna	Pasta	178
Stovetop Rigatoni with Sausage and Peppers	Pasta	185
All-American Meat Loaf with BBQ Gravy	Meat	85
Pan-Seared Pork Tenderloin with Jack Daniel's Glaze	Meat	88
Simple Smothered Pork Chops for Two	Meat	109
Chili's Style Beef Fajitas	Meat	132
Carnitas Style Shredded Pork	Meat	135
Sweet and Sour Pork for Two	Meat	153
Better Beef and Broccoli	Meat	156
PF Chang's Mongolian Beef	Meat	160
Slow Cooker Braised Beef Ragu	Meat	177
Scampied Sirloin and Shrimp	Meat	201
Perfectly Cooked Filet Topped Your Way	Meat	203
Cheesy Bacon Chicken with Honey-Mustard Drizzle	Poultry	86
Weeknight Chicken and Dumplings	Poultry	106
Chicken Fried Chicken with Creamy Gravy	Poultry	110



*Marlene Koch Eat What You Love Restaurant Favorites Recipe Index*

10-Minute Chicken Taquitos with Creamy Avocado Salsa	Poultry	125
Speedy Smothered Chicken Burritos	Poultry	131
Better Burrito Bowls	Poultry	133
PF Chang's Style Chicken Lettuce Wraps	Poultry	149
Take-Out Teriyaki	Poultry	150
General Tso's Chicken	Poultry	152
Panda Style Mushroom Chicken	Poultry	154
Quicker than Takeout Orange Chicken	Poultry	159
Chicken Marsala	Poultry	173
Chicken Broccoli Alfredo	Poultry	176
Chicken Caprese	Poultry	181
Easy Eggplant Parmesan	Poultry	182
Tender Turkey Meatballs with Marinara	Poultry	184
Longhorn Style Parmesan Crusted Chicken	Poultry	199
Easy Southwest Chicken Chili	Poultry	225
Herb Crusted Salmon Fillet with Lemon Butter Sauce	Seafood	89
Shrimp and Cheesy Grits	Seafood	105
15-Minute Cajun Catfish with Homemade Tartar Sauce	Seafood	107
Shrimp Tostadas	Seafood	128
Baja Style Fish Tacos	Seafood	136
Stir Fried Shrimp with Snow Peas	Seafood	155
15-Minute Bruschetta Mussels	Seafood	171
Shrimp Fra Diavolo	Seafood	179
Brown Sugar Bourbon Salmon	Seafood	200
Succulent Lobster Tails with Seasoned Butter	Seafood	204
Fast Fresh Apple Pies	Desserts	71
20-Minute Fresh Strawberry Pie	Desserts	93
Warm Chocolate Brownie Sundaes	Desserts	95
Small Batch Red Velvet Cupcakes	Desserts	114
Peanut Butter Icebox Pie	Desserts	115
Peach and Cherry Cobbler	Desserts	117
Ice Cream Stuffed Churro Tacos or Tostadas	Desserts	141
Chinese Almond Cookie	Desserts	165
Luscious Lemon Cream Cake	Desserts	186
Tiramisu	Desserts	189
Chef Judy's Molten Lava Cakes	Desserts	209
No Bake Key Lime Pie Cups	Desserts	212
New York Cheesecake with Raspberry Sauce	Desserts	213
Individual Black Bottom Cheesecakes for 4	Desserts	215
5-Minute Red Chili Sauce	Basics	124
Pico de Gallo	Basics	243
Blue Cheese Dressing	Basics	244
Fast Fix Pickled Red Onions	Basics	246
Ranch Dressing Four Ways	Basics	247
Homemade Marinara	Basics	248
1-Minute Hollandaise	Basics	249

*Marlene Koch Eat What You Love Restaurant Favorites Recipe Index*

Chocolate Sauce Three Ways	Basics	251
All-Purpose Raspberry Sauce	Basics	252